

## Our Service Fees

<i>Service</i>	<i>Fees*</i>
15 minute telephone consultation	Complimentary
Initial face to face assessment, 60 minutes (includes subsequent treatment planning)	UK: £50.00 London: £80.00
Multi-Disciplinary Team meetings, Hourly Fee, (minimum of one hour; includes preparation) Travel expenses are additional.	UK: £80.00 London: £95.00
<i>Individual Therapy</i>	<i>Fees*</i>
Cognitive Behavioural Therapy (CBT), 50 Minute Session	UK: £70.00 London: £90.00
Cognitive Behavioural Therapy (CBT), Short Term Course (6 Sessions Of 50 Minutes)	UK: £400.00 London: £460.00
Cognitive Behavioural Therapy (CBT), Medium Term Course (12 Sessions Of 50 Minutes)	UK: £800.00 London: £920.00
Cognitive Behavioural Therapy (CBT), Long Term Course (24 sessions of 50 minutes)	UK: £1600.00 London: £1850.00
Psychological Therapy** 50 Minute Session	UK: £80.00 London: £110.00
Psychological Therapy** Short Term Course (6 Sessions Of 50 Minutes)	UK: £450.00 London: £510.00
Psychological Therapy** Medium Term Course (12 Sessions Of 50 Minutes)	UK: £900.00 London: £1020.00
Psychological Therapy** Long Term Course (24 Sessions Of 50 Minutes)	UK: £1800.00 London: £2100.00
Eye Movement Desensitisation & Reprocessing Therapy, (EMDR), 45 Minute Session	UK: £70.00 London: £95.00
Sleep Therapy (CBT for Insomnia), 45 Minute Session	UK: £70.00 London: £95.00

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## Group Therapy

## Fees Per Session\*\*\*

Domestic Violence Perpetrator Programme  
(26 Weekly Sessions)

UK: £60.00  
London: £70.00

Anger Management Programme  
(12 X Weekly Sessions)

UK: £60.00  
London: £70.00

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London is classified as the area of the 32 London Boroughs in the area of Greater London within the boundary of the M25.

*\*Note that fees are shown as a starting point and are subject to change depending on individual client needs (changes to fees will be agreed following initial assessment)*

*\*\*Note that 'Psychological Therapy' refers to therapy that draws upon techniques that are not solely CBT in focus (e.g. techniques used in Psychological Therapy may include DBT Skills, ACT, Skills Training, in addition to CBT techniques). Recommendations as to the approach will be made following the initial assessment.*

*\*\*\*Fees are per person, per session and can be assessed on a sliding scale depending on income. For individuals referred through their Local Authority, fees are often covered.*

Information Correct as of February 2019

## Medico-Legal Services

We aim to provide high-quality forensic psychology reports within three weeks of receipt of the letter of instruction at LAA approved rates. For further information, please see accompanying document: 'Medico-Legal Services: Terms And Conditions'.